

Project Management Fundamentals: Navigating Project Lifecycles

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Lisbon (Portugal)

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~~R20222520~~~~20227220~~ **Location:** Lisbon (Portugal) **Fees:** 5200 GBP

Why This Course

Project management provides the structure needed to turn ideas into successful outcomes. Whether leading a small internal initiative or a complex cross-functional project, professionals need to understand how to initiate, plan, execute, monitor, control, and close projects in a disciplined and practical way.

This comprehensive 5-day Project Management Fundamentals and Lifecycle Training program equips participants with the essential knowledge, tools, and techniques used across the full project lifecycle. The course covers project governance, project charters, stakeholder management, scope definition, Work Breakdown Structures, scheduling, budgeting, team leadership, communication, quality, risk, procurement, performance measurement, change control, reporting, closure, and lessons learned. Through case studies and practical exercises, participants will build confidence in managing projects from start to finish.

What You'll Learn and Practice

By joining this program, you will:

- Understand core project management concepts, terminology, and methodologies.
- Identify project lifecycle phases and process groups.
- Understand the role and responsibilities of the project manager.
- Apply project governance principles in different organizational structures.
- Develop project charters and key initiation documents.
- Identify, analyze, and manage stakeholders.
- Define project scope and create Work Breakdown Structures.
- Develop project schedules using critical path techniques.
- Estimate costs and create project budgets.
- Lead project teams and manage communication effectively.
- Apply quality, risk, and procurement management practices.
- Monitor project performance using earned value management.
- Manage changes, issues, escalation, reporting, and project closure.

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A graphic illustration of a chessboard with several chess pieces. A large gold king piece is prominent in the foreground, with other pieces like a silver pawn and a gold pawn visible. The background features concentric circles, suggesting a strategic or global theme.

The Program Flow

Day 1: Introduction to Project Management

- Understand project management fundamentals and key terminology.
- Explore the project lifecycle and its main phases.
- Identify the role, responsibilities, and competencies of the project manager.
- Understand how organizational structures affect project delivery.
- Review project governance and decision-making processes.

Day 2: Project Initiation and Planning

- Develop a project charter for a sample project.
- Identify and analyze project stakeholders.
- Define project scope, deliverables, assumptions, and constraints.
- Create a Work Breakdown Structure.
- Develop schedules using activity sequencing and critical path analysis.
- Estimate project costs and prepare project budgets.

Day 3: Project Execution

- Apply team development and leadership techniques.
- Manage communication across project teams and stakeholders.
- Apply quality management and control practices.
- Develop and implement risk management strategies.
- Understand procurement management and supplier coordination.

Day 4: Project Monitoring and Control

- Measure project performance using practical tracking methods.
- Apply earned value management concepts.
- Manage change control processes.
- Track issues and apply escalation procedures.
- Prepare status reports and project forecasts for stakeholders.

Day 5: Project Closure and Review

- Conduct project closure activities using structured checklists.
- Capture lessons learned and support continuous improvement.
- Complete administrative and contract closeout tasks.
- Conduct project closure meetings and final reviews.
- Explore career development paths in project management.

Individual Impact

- Build confidence in managing projects across the full lifecycle.
- Strengthen skills in planning, scheduling, budgeting, and stakeholder management.
- Improve leadership and communication with project teams.
- Gain practical experience using project management tools and techniques.
- Develop the ability to close projects professionally and capture lessons learned.

Work Impact

- Improve project delivery consistency and control.
- Reduce risks related to unclear scope, weak planning, poor communication, and unmanaged changes.
- Strengthen stakeholder alignment and reporting.
- Improve project team coordination and accountability.
- Support continuous improvement through structured project reviews and lessons learned.

Training Methodology

This program combines project management fundamentals with practical application through:

- Project charter and WBS development exercises.
- Stakeholder analysis and communication planning activities.
- Schedule and budget development workshops.
- Team leadership, risk, quality, and procurement scenarios.
- Earned value, change control, and status reporting practice.
- Project closure meeting and lessons learned simulations.

Beyond the Course

Upon completion, participants will be able to:

- Create project charters and Work Breakdown Structures.
- Develop project schedules and budgets using practical tools.
- Apply stakeholder management and communication techniques.
- Monitor project performance and manage changes effectively.
- Conduct project closure meetings and lessons learned sessions.
- Manage projects more confidently from initiation through closure.

A graphic of a chessboard with several chess pieces. A large gold king piece is in the foreground, with a silver pawn and a silver knight behind it. In the background, there are concentric circles and the text 'UK Training PARTNER' in a bold, sans-serif font.

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