

Disciplined Agile Coach (DAC) Certification Training Course

2026 0000000 4 - 0000000 30
Toronto (Canada)

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The Program Flow

Day 1: Foundations of Disciplined Agile Coaching

- Understand the Disciplined Agile mindset and core principles.
- Explore the role and responsibilities of a DA Coach.
- Review the DA toolkit and its benefits for teams and organizations.
- Identify key coaching competencies required for Agile transformation.
- Apply ethical considerations in coaching relationships and organizational change.

Day 2: Guiding Team and Organizational Transformations

- Assess organizational agility and readiness for change.
- Identify transformation challenges across teams, leadership, and culture.
- Develop strategies for scaling Agile practices.
- Facilitate cultural shifts and manage resistance.
- Align teams, practices, and improvement efforts with organizational goals.

Day 3: Advanced Coaching Techniques and the DA Toolkit

- Apply Guided Continuous Improvement in team and organizational contexts.
- Select and tailor Agile and Lean practices based on real needs.
- Coach teams to optimize their Way of Working.
- Support teams in identifying improvement opportunities.
- Address common pitfalls that affect Agile transformation and adoption.

Day 4: Enterprise Agility and Value Stream Optimization

- Coordinate multiple Agile teams and programs.
- Apply value stream mapping to understand workflow and delivery constraints.
- Optimize value streams to reduce waste and improve business outcomes.
- Use metrics and measurement in Disciplined Agile environments.
- Understand Agile governance and portfolio management practices.

Day 5: Putting It All Together and Exam Preparation

- Apply DA coaching concepts through case studies and real-world scenarios.
- Create coaching roadmaps for teams and organizations.
- Build improvement backlogs to guide continuous progress.
- Review the DAC certification exam structure and preparation strategies.
- Develop a practical action plan for post-course implementation.

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Individual Impact

- Build confidence in coaching teams and organizations using Disciplined Agile.
- Strengthen advanced Agile coaching, facilitation, and change leadership skills.
- Improve ability to help teams choose and evolve their Way of Working.
- Gain practical tools for value stream optimization and enterprise agility.
- Increase readiness for the DAC certification exam.

Work Impact

- Improve Agile adoption across teams and departments.
- Strengthen alignment between Agile practices and organizational strategy.
- Support cultural change and reduce resistance to transformation.
- Improve team performance, value delivery, and continuous improvement.
- Enhance governance, portfolio alignment, and enterprise agility outcomes.

Training Methodology

This program combines Disciplined Agile coaching concepts with practical transformation application through:

- DA toolkit and mindset discussions.
- Organizational agility and readiness assessment exercises.
- Coaching roadmap and improvement backlog workshops.
- Guided Continuous Improvement practice activities.
- Value stream mapping and optimization exercises.
- Agile governance, metrics, and portfolio management case studies.
- DAC exam preparation, practice questions, and action planning sessions.

Beyond the Course

Upon completion, participants will be able to:

- Coach teams in selecting and tailoring Agile practices for their context.
- Support organizations in applying the Disciplined Agile toolkit.
- Facilitate cultural change and enterprise-wide Agile adoption.
- Improve team performance and value delivery.
- Create coaching roadmaps and improvement backlogs.
- Approach the DAC certification exam with stronger preparation and confidence.

A graphic of a chessboard with several chess pieces (king, queen, rook, knight, and pawns) in gold and silver. The pieces are arranged on a checkered board that recedes into the distance. The text 'UK Training PARTNER' is overlaid on the right side of the board.

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