

Critical Thinking Intensive

2027 24 - 20
Barcelona (Spain)

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Critical Thinking Intensive

~~R20228703~~~~2235720~~ **Location:** Barcelona (Spain) **Fees:** 5200 GBP

Why This Course

In a world of rapid change and information overload, professionals are often faced with complex problems, conflicting data, and high-stakes decisions. Critical thinking is the skill that allows individuals to cut through noise, evaluate information objectively, and make sound judgments. This program provides participants with practical tools, structured techniques, and proven frameworks to think more clearly, solve problems effectively, and improve the quality of decisions in professional settings.

What You'll Learn and Practice

By joining this program, you will:

- Understand the foundations and principles of critical thinking.
- Learn to analyze arguments and detect biases or assumptions.
- Strengthen logical reasoning and problem-solving skills.
- Apply structured frameworks to real-world challenges.
- Build strategies for making balanced and evidence-based decisions.

The Program Flow

Day 1: Introduction to Critical Thinking

- The importance of critical thinking in professional life.
- Distinguishing between facts, assumptions, and opinions.
- Common barriers to clear thinking.
- Recognizing biases and logical fallacies.
- Case studies of decision-making failures.

Day 2: Analytical Frameworks and Tools

- Using structured approaches to break down complex issues.
- Root cause analysis and systems thinking.
- Applying SWOT and cause-and-effect frameworks critically.
- Practicing logical reasoning with real-world data.
- Workshop: analyzing professional scenarios critically.

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Day 3: Creative Problem-Solving through Critical Thinking

- Combining logic with creativity for effective solutions.
- Brainstorming techniques with critical evaluation.
- Reframing challenges to uncover hidden opportunities.
- Balancing divergent and convergent thinking.
- Group exercises in innovative problem-solving.

Day 4: Decision-Making Under Pressure

- Evaluating risks and trade-offs logically.
- Scenario planning for uncertain situations.
- Avoiding cognitive traps and rushed judgments.
- Applying ethical reasoning to professional decisions.
- Simulation: decision-making under real-world constraints.

Day 5: Building a Critical Thinking Mindset

- Embedding critical thinking habits into daily work.
- Using feedback and reflection to refine thinking skills.
- Encouraging critical dialogue within teams.
- Leveraging critical thinking for long-term career growth.
- Designing a personal roadmap for continuous improvement.

Individual Impact

- Gain confidence in tackling complex problems with clarity.
- Strengthen logical reasoning and analytical skills.
- Improve decision-making under pressure and uncertainty.
- Build resilience against biases and misinformation.
- Develop habits for lifelong critical thinking growth.

Work Impact

- Enhance organizational decision-making and problem-solving.
- Reduce risks through objective and evidence-based analysis.
- Foster a culture of constructive questioning and innovation.
- Improve collaboration by encouraging critical discussions.
- Support long-term success through smarter, more strategic decisions.

Training Methodology

The program emphasizes interactive and applied learning to ensure participants can use critical thinking tools immediately in their workplace.

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- Real-world case studies and examples.
- Group discussions and peer learning.
- Simulations and problem-solving workshops.
- Self-assessments and reflective exercises.
- Practical toolkits and frameworks for ongoing application.

Beyond the Course

By completing this program, participants will leave with the ability to approach challenges with clarity, evaluate information critically, and make confident decisions. They will be equipped with strategies, frameworks, and a personal roadmap that empower them to think independently, act decisively, and add greater value in their professional roles.

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