

# Disciplined Agile Coach (DAC) Certification Training Course

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Riyadh (KSA)

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## Disciplined Agile Coach (DAC) Certification Training Course

**R2022536 | 2324-720** **Location:** Riyadh (KSA) **Fees:** 4200 GBP

### Why This Course

Agile transformation is not achieved by applying one framework in the same way everywhere. Organizations need experienced coaches who can help teams choose the right way of working, improve delivery practices, build a culture of continuous improvement, and align Agile adoption with business strategy.

This 5-day Disciplined Agile Coach Training program equips experienced Agile practitioners with advanced coaching skills to support teams and organizations using the Disciplined Agile toolkit. The course covers the DA mindset, coaching responsibilities, ethical considerations, organizational readiness, scaling Agile, cultural change, Guided Continuous Improvement, Way of Working optimization, value stream improvement, metrics, Agile governance, portfolio management, and DAC certification preparation. Through case studies, practical coaching exercises, and action planning, participants will learn how to guide Agile transformation with confidence and measurable impact.

### What You'll Learn and Practice

By joining this program, you will:

- Master the Disciplined Agile toolkit and its organizational applications.
- Understand the Disciplined Agile mindset, principles, and coaching approach.
- Define the role, responsibilities, and ethical expectations of a DA Coach.
- Assess organizational agility and readiness for change.
- Develop strategies for scaling Agile practices across teams and departments.
- Facilitate cultural change and overcome resistance.
- Align teams with organizational goals and strategies.
- Apply Guided Continuous Improvement practices.
- Coach teams in choosing and tailoring Agile and Lean practices.
- Help teams optimize their Way of Working.
- Address common pitfalls in Agile transformations.
- Coordinate multiple Agile teams and programs.
- Apply value stream mapping, metrics, Agile governance, and portfolio management.
- Prepare for the DAC certification exam.

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A graphic of a chessboard with several chess pieces (king, queen, rook, knight, and pawns) in gold and silver, set against a background of concentric circles.

## The Program Flow

### Day 1: Foundations of Disciplined Agile Coaching

- Understand the Disciplined Agile mindset and core principles.
- Explore the role and responsibilities of a DA Coach.
- Review the DA toolkit and its benefits for teams and organizations.
- Identify key coaching competencies required for Agile transformation.
- Apply ethical considerations in coaching relationships and organizational change.

### Day 2: Guiding Team and Organizational Transformations

- Assess organizational agility and readiness for change.
- Identify transformation challenges across teams, leadership, and culture.
- Develop strategies for scaling Agile practices.
- Facilitate cultural shifts and manage resistance.
- Align teams, practices, and improvement efforts with organizational goals.

### Day 3: Advanced Coaching Techniques and the DA Toolkit

- Apply Guided Continuous Improvement in team and organizational contexts.
- Select and tailor Agile and Lean practices based on real needs.
- Coach teams to optimize their Way of Working.
- Support teams in identifying improvement opportunities.
- Address common pitfalls that affect Agile transformation and adoption.

### Day 4: Enterprise Agility and Value Stream Optimization

- Coordinate multiple Agile teams and programs.
- Apply value stream mapping to understand workflow and delivery constraints.
- Optimize value streams to reduce waste and improve business outcomes.
- Use metrics and measurement in Disciplined Agile environments.
- Understand Agile governance and portfolio management practices.

### Day 5: Putting It All Together and Exam Preparation

- Apply DA coaching concepts through case studies and real-world scenarios.
- Create coaching roadmaps for teams and organizations.
- Build improvement backlogs to guide continuous progress.
- Review the DAC certification exam structure and preparation strategies.
- Develop a practical action plan for post-course implementation.

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## Individual Impact

- Build confidence in coaching teams and organizations using Disciplined Agile.
- Strengthen advanced Agile coaching, facilitation, and change leadership skills.
- Improve ability to help teams choose and evolve their Way of Working.
- Gain practical tools for value stream optimization and enterprise agility.
- Increase readiness for the DAC certification exam.

## Work Impact

- Improve Agile adoption across teams and departments.
- Strengthen alignment between Agile practices and organizational strategy.
- Support cultural change and reduce resistance to transformation.
- Improve team performance, value delivery, and continuous improvement.
- Enhance governance, portfolio alignment, and enterprise agility outcomes.

## Training Methodology

This program combines Disciplined Agile coaching concepts with practical transformation application through:

- DA toolkit and mindset discussions.
- Organizational agility and readiness assessment exercises.
- Coaching roadmap and improvement backlog workshops.
- Guided Continuous Improvement practice activities.
- Value stream mapping and optimization exercises.
- Agile governance, metrics, and portfolio management case studies.
- DAC exam preparation, practice questions, and action planning sessions.

## Beyond the Course

Upon completion, participants will be able to:

- Coach teams in selecting and tailoring Agile practices for their context.
- Support organizations in applying the Disciplined Agile toolkit.
- Facilitate cultural change and enterprise-wide Agile adoption.
- Improve team performance and value delivery.
- Create coaching roadmaps and improvement backlogs.
- Approach the DAC certification exam with stronger preparation and confidence.

A graphic of a chessboard with several chess pieces (king, queen, rook, knight, and pawns) in gold and silver. The board is checkered and has a subtle grid pattern.

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